



Presentation

Special French course for Au Pair candidates
to France

af Alliance Française
HARARE



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1. What is an Au Pair?

- An « Au pair » is a young adult (boy or girl) who stays in a foreign country **for a limited period (from 3 to 12 months)** in order to **learn its language and discover its culture**.
- The youth is **housed in a family** who provides him/her with full board accommodation.
- He/ she shares their **everyday life** and will be **responsible for light household duties** like baby-sitting and basic cleaning in the house.
- In compensation, he/ she will **receive an allowance** (about €80 per week) and will have enough time to **attend a regular language course** in a school for foreign citizens.

2. Therefore it's not...

- A full-time job – a solution to solve one's financial problems
- A trick to pursue studies abroad or to legally emigrate in Europe



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3. Who can go Au Pair in France ?

- ✓ Young foreigners (Boys and girls) aged between 18-27 holding a High school Diploma or higher (eq. A level), and a A2 level in French (minimum).
- ✓ Candidates must be prepared to:
 - ✓ Stay in France within a family for a minimum of 3 months (max. 12)
 - ✓ Enjoy caring for children and handle some light household duties (30 hours per week max., remunerated)
 - ✓ Take a French language course for foreign citizens in the town where the family lives
- ✓ Other compulsory requirements:
 - ✓ To be single without children
 - ✓ No criminal record
 - ✓ Bear the cost of travel and French course in France.
- ✓ Highly desirable profiles: young boys and girls
 - ✓ **With a very good English (written and spoken)**
 - ✓ **With experience in baby-sitting or childcare**
 - ✓ **Well behaved and educated**



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4. Typical day as an Au Pair

- ✓ Preparing meals for the children/ driving or walking them to school/ bathing and dressing/ putting them to bed...
- ✓ Playing with the children/ babysitting/ helping them with their homework (English)
- ✓ Washing up/ sweeping/ helping to clean up after meals and ironing the children's clothes

Please note: your placement is a commitment to the children and their parents.



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5. Benefits of being an Au Pair

- ✓ Have a unique experience in France while being on a full board basis and getting paid!
- ✓ Become bilingual very fast thanks to the regular courses and a full immersion in French life and culture!
- ✓ **Become an Ambassador of Zimbabwe: expose your host family to your own culture and offer children a wonderful experience. That is highly expected from you!**
- ✓ Explore a country, discover its culture, visit its cities and landscapes
- ✓ Create useful contacts and lifetime friendships!
- ✓ Become a more independent, happier person in life thanks to an unforgettable experience
- ✓ A long stay in a foreign country is a must on a CV



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6. Why « special »? Aims of the course.

- ✓ Reach A2 level within 8 months
- ✓ Get ready to communicate in specific au pair situations : sharing everyday life with a French family, understand instructions, communicate with children, discover key aspects of French culture and administration.
- ✓ Get all the necessary information to submit an impeccable application.



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7. Course format and contents

- ✓ **1st part:** 4 October – 16 December 2016 / **2nd part:** 10 Jan. – 2 June 2017
- ✓ 180 hours in total. 3 x 2 hours per week
- ✓ Focus on oral and written communication used in a family and everyday life context on a A2 level
- ✓ **2 Workshops:** « Discover France » - « Help to prepare paperwork »
- ✓ Get prepared to sit and pass DELF A2 mid-June 2017
- ✓ Get all the useful and up to date information to submit application and contacts from Au pair agencies.
- ✓ **Price: \$799** (including 3 coursebooks, membership to Alliance française and registration for DELF A2). Excludes cost of translations, visa and application process.